

State of Alabama Board of Examiners for Dietetic/Nutrition (ABED) Practice Continuing Education Activities Compared to CDR Continuing Education Activities.

For Alabama licensure, continuing education hours should be from October 1-September of licensure period. (For example, October 1, 2005 to September 2007. 30 CPE hours are required.)

Acceptable ABED Continuing Education Activities	CDR CPEU'S Allowed Each 5 years	Alabama Board of Licensure for Dietetic/Nutrition (ABED) Allowed every 2 years	Required Documentation For CPEU Credit
100 (CDR CPE Activity Code) Academic Coursework- Dietetic – related, including distance learning.	75 CPEU'S every 5 years Course taken for credit- 1 semester credit- 15 CPEUs 1 trimester credit hour- 14 CPEUs 1 quarter hour credit- 10 CPEUs Courses Audited 1 Semester hour- 8 CPEUs 1 trimester hour credit- 7 CPEUs 1 Quarter hour credit – 5 CPEUs	30 CPEU'S allowed per 2 years cycle All academic credit must be completed in your current licensure period in order to receive CPE credit and no later than 9/30 of the licensure renewal period. Dietetic- related coursework from regionally accredited College or University. Credit for courses same as CDR.- 1 Semester -15 CPEUs.	Course title Name of College or University Date Completed Credits Earned CPEU'S Requested Official Transcript
110 (CDR CPE code) Case Presentations- Dietetic - related case presentations may include Grand Rounds, patient case study. One CPEU is equivalent to 1 contact hour.	75 CPEUs each 5 year cycle	30 CPEUs each 2 year cycle	Title/ Topic Provider Date Completed CPEU'S Requested Certificate of Attendance or Copy of Brochure describing Case Presentation
120 Certificate Programs- A certificate program is an intensive training program with a component that assesses the participant. Upon completion of the program, participants receive a certificate attesting to the attainment of a new	75 CPEUs allowed each 5 year cycle	30 CPEUs each 2 year cycle	Certificate of Completion Name, Address, Phone Number, and E-mail or Fax Number of Provider Program Title Date Completed CPEUs Requested

knowledge skill set. The certificate program must be dietetic- related and be sponsored by a U.S. Regionally accredited college or University, accredited/approved by JCAHO, NCQA, or CDR. One CPEU is equivalent to 1 contact hour.			
130 Exhibits Learning through dietetics -related exhibits such as presented at ADA Food and Nutrition EXPO Conference or Alabama Dietetic Associations or a state dietetic association meeting. One CPEU is equivalent to 1 contact hour.	15 CPEUs each 5 year cycle	6 CPEUs each 2 year cycle	Certificate of Completion or Materials Describing Exhibits,(date, timeline, provider, content) Title/ Topics Provider Date Completed CPEUS Requested.
140 Experiential Skill Development. Content must be dietetic- related and the program must include a didactic component. Providers must be credentialed professionals in the subject matter taught, or must be an RD or DTR such as culinary programs. An RD or DTR must be involved in the planning or presentation.	75 CPEUs each 5 year cycle	30 CPEUs each 2 year cycle	Title/ Topic Provider Date Completed CPEUs Requested Certificate of Attendance/ completion Provider Credentials and Issuing Organization
150 Interactive workshops Workshop must be dietetic -related, and should include interactive discussion or participation among attendees. One CPEU is equivalent to 1 contact hour.	75 CPEUs each 5 year cycle	30 CPEUs each 2 year cycle.	Title/ topic Provider Date Completed CPEUs requested Certificate of Attendance/Completion CPE Agenda/ Outline (Objectives, Timeline, Date, Provider)
160 Journal Clubs Must be preplanned and provide for group participation and in-depth discussion of a single dietetic-related topic from pre-assigned articles/papers in a professional, peer-reviewed journal. One CPEU is equivalent to 1 contact hour.	75 CPEUs each 5 year cycle	30 CPEUs each 2 year cycle	Title/Topic Provider Date Completed CPEUs Requested Certificate of Attendance/ Completion Name, Phone Number, and e-mail or fax of Coordinator CPE Agenda/ Outline & Timeline
170 Lectures/ Seminars Must be dietetic- related and should include participation by /or discussion among attendees. One CPEU is equivalent to 1 contact hour.	75 CPEUs each 5 year cycle	30 CPEUs each 2 year cycle	Title/ Topic Provider Date Completed CPEUs Requested Certificate of Attendance/ Completion or CPE Agenda/ Outline (Objectives, Date, Timeline, Provider)
180 Posters	15 CPEUs each 5 year	6 CPEUs each 2 year	Title/Topic

Must be dietetic – related poster sessions such as those presented at the ADA Food and Nutrition Conference and Expo or a state Dietetic Association Annual meeting. One CPEU is equivalent to 1 contact hour.	cycle	cycle.	Coordinator Date Completed CPEUs Requested Certificate of Attendance/ Completion or CPE Agenda/Outline (Objectives, Date, Timeline, Provider) or Program/ Flyer/ Brochure describing Poster Sessions
190 Professional Leadership Holding an elected office in a dietetics or dietetic-related national, state, or district organization that contributes to acquisition or leadership skills and professional development.	3 CPEUs per year or 15 CPEUs maximum for 5 year cycle	6 CPEUs each 2 year cycle	Elected Office at the National, State or District Level Organization Date Completed CPEUs Requested Notice, Association Directory, or Other Documentation Confirming Office held and Dates of Service
200 Professional Reading Dietetics-related articles from peer-reviewed professional journals and newsletters may be awarded CPE credit. Must be read within 5 years of the date the article was published. Reading each article is equivalent to one – half (0.5) CPEU.	15 CPEUs each 5 year cycle	6 CPEUs each 2 year cycle	Journal or Newsletter citation (Use J Am Diet Assoc. Format) Date Completed CPEUs Requested Copy of Abstract or First page of Article
205 Research Conducting research as a sole or co-investigator can be awarded CPEUs. An investigator is defined as one who participates substantially in the conception and design of the work and the analysis of data as well as in the writing of the report. EX: qualitative research studies and descriptive epidemiologic research, clinical trials, cohort or follow –up studies, case-control studies or outcomes research. Research completed to fulfill academic requirements would receive credit under Academic Coursework, while literature reviews designed primarily to summarize the findings of others would receive credit under Professional Reading. Met-analysis that identifies new trends or ideas based upon data from other studies would be awarded CPEUs in the research category. Required documentation must be completed within current recertification cycle to receive credit.	60 CPEUs each 5 year cycle Level of involvement Sole investigator: one who alone develops the study concept, research design, analysis of data and writing the report. 20 CPEUs Co- investigator: One who participates substantially in the conception, design of the work, the analysis of the data and the writing of the report. -10 CPEUs	Sole Investigator: 20 CPEUs per 2 year cycle Co-investigator – 10 CPEUs per 2 year cycle	Title of Study Name, Address, Phone Number and E-mail Address of Sponsoring / Funding Institution Report to include an introduction, purpose of the research, methodology, discussion of results, summary and references. One or more of the following (Must be completed within current recertification cycle): Final summary technical report to federal, state or other grant providing organization. Letter verifying acceptance for presentation (session or poster session) at a peer – reviewed professional association conference. CPEUs Requested Identification as a sole or co-investigator. Date Research Completed
210 Residency & Fellowship	75 hours each 5 year	30 hours each 2 year	Name of Residency or Fellowship

Programs Programs require completion of a dietetics-related, post baccalaureate-level residency or fellowship activity, sponsored by a U. S. regionally accredited college or university or an institution accredited /approved by JCAHO or NCQA. The program must have a minimum of 75 contact hours and meet the following criteria: Post-baccalaureate level and dietetics –related Formalized/structured experiences	cycle	cycle	Provider Name, Address, Phone Number and E-mail or Fax Number Date Completed CPEUs Requested Description of Program Content
220 Sponsored Independent Learning Completion of dietetic –related, individualized learning activity planned and carried out by the learner. The learner contracts with an individual, who is an expert in a particular area, using the Sponsored Independent Learning Contract in CDR Guide. One CPEU is equivalent to 2 hours spent on this activity	50 CPEUs each 5 year cycle	20 CPEUs each 2 year cycle.	Description of Activity Sponsor Name and contact information Date Completed CPEUs Requested Sponsored Independent Learning Contract with Original Signatures.
230 Study Groups Professionals (3 or more) participating in a preplanned, in-depth study of a specific, dietetics-related topic (e.g. audio or video recordings of an approve session at the ADA Food and Nutrition Conference and Expo.) Recordings of approved presentations can be no older than one year past the date of publication. One CPEU is equivalent to 1 contact hour.	50 CPEUs each 5 year cycle	20 CPEUs each 2 year cycle	Title/Topic Coordinator Date Completed CPEUs Requested Certificate of Attendance/Completion and /or CPE Agenda/Outline, (Objectives, Date, Timeline, Coordinator Name, Address, Phone Number, E-mail or Fax Number of Coordinator
Certification/ Recertification Certification approved by CDR. Refer to CDR Web site for and updated list of approved Certifications. Program must be dietetic –related and must require candidates to meet eligibility requirements, pass an examination to become certified initially and require recertification in order to remain certified.	Completion of the Certification provides 75 CPEUs.	30 CPEUs each 2 year cycle.	Certification Obtained Provider Name Address, Phone Number, E-mail or Fax Number Date Completed CPEUs Requested Copy of document verifying date of issue and duration of Certification.